

FORECAST: A SMOKIN' HOT WEEKEND

LONDONERS ARE IN FOR A LITTLE RIBBING OVER THE NEXT FEW DAYS AS RIBFEST KICKS OFF THURSDAY IN VICTORIA PARK

PAGE 3

FRIDAY'S JACKPOT

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estimated



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Thursday, August 2, 2012



News worth sharing.

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LTC in hot seat

Priority seating.

Londoner says transit commission needs to reconsider policies



JOHN MATISZ

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A disabled Londoner who was refused priority seating on a bus plans to go before a London Transit Commission committee this month in the hope of changing a rule he believes is wrong.

Jeffrey Preston — who uses an electric wheelchair because of congenital muscular dystrophy — sent a letter of complaint after an incident on a Dundas Street bus in late June. Preston, 29, says that after non-disabled passengers didn't offer him a spot in the priority seating area, the bus driver did not mediate. Instead, the driver told Preston that staff are not supposed to intervene.

"The objective of sending my letter, and getting a delegation at the committee meeting, is to remove the policy that states drivers are not responsible for mandating that these spaces are for those with disabilities," he said.

You're on your own

From the Frequently Asked Questions section of an LTC brochure:

- Q: Can I ask the operator to force passengers to vacate a seat for me?
- A: Drivers/operators will not intervene in a dispute between passengers regarding a seat.

An LTC brochure does indeed suggest that drivers are advised to refrain from interfering with passengers' seating. LTC general manager Larry Ducharme is on vacation and was unavailable for comment.

Preston wants the policy reversed, noting in his letter that all London businesses should "provide the best possible experience for their clientele, regardless of their level of ability."

"If their decision is to do nothing about the complaint, I will be taking further action to rectify the situation," he added, noting he is prepared to take his fight to the Canadian Human Rights Commission.

The accessible public transit advisory committee has granted Preston, a PhD candidate at Western University, a three-minute presentation and two-minute question-and-answer period on Aug. 16. The committee will then decide whether to make a recommendation to the LTC.

Follow John Matisz on Twitter @Metro_JMatisz



These eight — plus one — know HOW TO CELEBRATE

Members of Canada's men's eight rowing team — which, including the coxswain, counts nine members in all — celebrate their silver medal on Wednesday at Eton Dorney during the Summer Olympics in Dorney, England. Canada also picked up another bronze as swimmer Brent Hayden finished third in the 100-metre freestyle. To see a daily gallery of the best Olympics photos, go to metronews.ca/olympics. SEAN KILPATRICK/THE CANADIAN PRESS

Chalk it up to sheer talent

London's Megan Arnold and other artists are hitting the tarmac this weekend to transform city streets into a masterpiece

PAGE 11

Will her rivals be treated to a swimming lesson?

Couldn't wake up before sunrise to watch Brent Hayden's swim this morning? Don't fret: Check out more swimming action when Canada's Martha McCabe competes in Thursday's 200-metre breaststroke final at 2:30 p.m. More Olympics coverage: PAGES 19-21



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Plenty to do

Festival more than just ribs

Not a pork fanatic?

That's no excuse to steer clear of Victoria Park this weekend.

Ribfest organizers are promising plenty of entertainment for people looking to stay away from the 'cue.

Open from 11 a.m. to 11 p.m. Thursday to Monday, Ribfest will feature free admission, 250 exhibition booths, 100 food booths, 75 bands spread across five stages, carnival rides and a beer garden.

For details, visit canadabiggestparty.com.

METRO

Who's cooking?



London Ribfest ribbers:

- Boss Hog's BBQ
- Fire Island
- Jack the Ribber
- Kentucky Smokehouse
- OLG Slots
- Pistol Pete's Smokehouse
- Ribs Royale
- Route 55
- Texas Rangers
- Tony Roma's

The meat is on!



Jack Sakellis, owner of London's Jack the Ribber, left, and Adam Taylor, executive chef for the OLG's Getaway Restaurant at Western Fair District, will be among the 10 ribbers duelling it out for big honours during this weekend's Ribfest in Victoria Park. Taylor's ribs were named best overall during last year's festival. ANGELA MULLINS/METRO

Getting their grill on. Ribbers ready and set to prove their worth during five-day Ribfest



ANGELA MULLINS
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To the casual consumer, Ribfest may be just another summer to-do.

But for the chefs de pork — or ribbers as they're called

on the festival circuit — a battle is about to be waged.

Ten smokers, grillers and saucers extraordinaire will go head-to-head and tong-to-tong Thursday to Monday in Victoria Park.

While they're filling belly after belly with tasty barbecue, they'll also be competing for awards in categories ranging from showmanship to best sauce.

Then, of course, there's the granddaddy of them all — best overall ribs.

That's the title that draws

Quoted

"We help each other. We eat, drink together. We stay in the same hotels. It's like a family."

Jack Sakellis, owner of Jack the Ribber

some of the biggest interest and has the biggest perks.

"It's really about bragging rights," said Jack Sakellis, 57, owner of London's Jack the Ribber.

Sakellis is a veteran ribber with 11 years under his belt, travelling to rib festivals across Ontario.

For him, and many others set to hit the park this weekend, ribbing is more than a way to earn a few bucks.

"It's a lifestyle," he said.

And, his fellow competitors, are more than neighbours on rib row.

"We're all friends," Sakellis said. "We help each other. We eat, drink together. We stay in the same hotels."

"It's like a family."

Ornge hearings. Former top bureaucrats don't know what went wrong

Two former senior bureaucrats in Ontario's health ministry say they have no idea what went wrong at Ornge, adding their voices to a chorus of government officials hard-pressed to pinpoint how the air ambulance service got so out of hand.

Ron Sapsford, who was deputy minister of health from 2005 — the year Ornge was created — until 2009, said Wednesday that Ornge withheld information that might have raised suspicions.

Concerns about Ornge were raised last year in a letter by bureaucrats who examined Ornge's financial statements. They included the lending of millions of public dollars.

The scandal

Auditor General Jim McCarter has criticized the governing Liberals for failing to oversee Ornge, despite giving it \$730 million over five years and allowing it to borrow another \$300 million.

Hugh MacLeod, a former assistant deputy minister, said the impetus to consolidate air ambulance service under one roof came from Toronto's 2003 outbreak of SARS, which shone a spotlight on weaknesses in the service.

THE CANADIAN PRESS

Helping a city in need. City of London launches Elliot Lake backpack drive

The City of London launched the Elliot Lake backpack drive on Thursday with the goal to collect 1,300 backpacks for the children who live there.

Elliot Lake was devastated by the sudden collapse of its main retail mall June 23, killing two people. The loss of the shopping centre has also made it difficult for families to outfit their kids for back to school.

Mayor Joe Fontana brought a motion proposing the backpack drive before council last week. He says donating backpacks filled with school supplies is useful way to show compassion for the community.

"It is important the residents of Elliot Lake understand the shock and pain they experienced was not just a video clip or sound bite to



Mayor Joe Fontana holds up the backpack he bought for the Elliot Lake backpack drive, launched Thursday. Cheryl Finn, director of sports tourism for Tourism London, is at right. MILA PETKOVIC/FOR METRO

other Canadians," Fontana said. "We are looking for ways to help them, to show ongoing compassion."

The idea for the backpack drive originated with Cheryl Finn, an Elliot Lake native and London's director of

sports tourism for Tourism London.

"There is always a lot of excitement surrounding back to school and we wanted to ease a little bit of the pressure for the families by beginning a backpack drive," Finn said.

Londoners are asked to drop off new, empty backpacks at the city hall lobby, the Western Fair Sport Centre, and Tourism London information centres downtown and on Wellington Road South.

Staples, the business-supply chain, has partnered with Elliot Lake to fill every new backpack with school supplies.

The backpacks will be delivered to the town on Aug. 24.

MILA PETKOVIC/FOR METRO

1 NEWS

Mobile news



Victory is sweet, but along that road an athlete has got to endure a bit of pain. Scan the code to view some cringe-worthy moments from the Olympics.

New Knights puckstopper brings experience, has strong local ties

Ex-Oshawa General.

Kevin Baillie comes to the city he calls his 'second home' via trade; expected to start 40 to 45 games



JOHN MATISZ
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Don't be surprised if the newest horse in Bill Dark's stable fits in just fine.

Kevin Baillie — traded to the reigning OHL champs early Wednesday for a fourth-round draft choice in the 2013 OHL draft — not only has strong family links to the London Knights organization but he's also a die-hard ball hockey enthusiast.

"It's a funny little bond we have," said Dark, the club's goaltending coach.

Baillie won a gold medal this summer at the under-20 world ball hockey championship in the Czech Republic as a member of Team Canada. The ex-Oshawa General was named the tournament's best goaltender.

Dark, a London ball hockey legend of sorts, knows the



Kevin Baillie AARON BELL/OHL IMAGES

benefits of honing one's craft on the pavement. The goalie guru notes that most players tend to improve their puck-handling skills and develop a knack for finding the puck easily in traffic after dabbling in the ball hockey realm.

"It has always been a dream of mine to play for the London Knights," Baillie, 20, said over the phone from his hometown of Belleville.

Calling the Forest City his "second home," the six-foot-three, 190-pounder says he attended countless Knights games at the London Ice House growing up. His grandparents have been season ticket holders for more than 30 years, and he even attended the Memorial Cup in 2005.

"He's a very mature kid, has high character, and showed



London Knights goaltenders, from left, Michael Houser, Jake Patterson and Tyson Teichmann extend their 2012 OHL championship rings at the team's annual awards banquet on Wednesday. The trio won't be intact much longer, as the Knights have picked up a fourth goaltender, Kevin Baillie, via trade. JOHN MATISZ/METRO

steady improvement over his career in the OHL," Dark said when asked to list Baillie's admirable qualities.

As it stands now, Dark es-

timates the team will lean on the "new guy" to start 40 to 45 games, with likely backup Jake Patterson sharing the rest of the load with Liam Herbst,

the highly touted but currently injured rookie. All signs point to Tyson Teichmann — coincidentally also a Belleville native — being the odd man out in a

Off-season action

- **Houser cleans up at awards banquet, taking four trophies:** MVP, as chosen by coaching staff; MVP, as chosen by booster club; highest intensity; and most three-star selections.
- **Another fresh face.** The Knights hired local AAA coach Rob Simpson as an assistant general manager on Wednesday. Simpson, originally from Cobourg, will replace Misha Donskov, who recently accepted an associate coach position with the Ottawa 67's.

logjam at the goalie position.

Though nothing is official until cuts are made at the pro level, Baillie projects as Michael Houser's replacement. At the same time, the coaching staff is aware the 2012 CHL goalie of the year is a once-in-a-decade asset.

"It's unfair to look at it from the perspective of 'This kid is replacing Michael Houser,'" Dark said.

Follow John Matisz on Twitter @Metro_JMatisz



Local church invokes erotic novel for a message on faith



Bishop Cronyn Memorial Church is located at 442 William St. JOHN MATISZ/METRO

A local church marquee is turning heads in London with a racy reference to the popular erotic novel 50 Shades of Grey.

For the past week, the sign outside Bishop Cronyn Memorial Church has read "50 shades of grace" — a play on the title of E. L. James's breakthrough book.

"The intention is that as the book talks about intimate relationships with an unusual twist, so the sign talks about

an intimate relationship with God that has a twist," said Rev. Raemond Fletcher, who got the idea for the sign from a fellow Anglican priest in town. "God's grace is not only of one shade."

Fletcher said he hoped the sign would also send a message that the church was not out of touch. "The church (or at least some churches) are not afraid to recognize that sexuality plays a significant role in

Quoted

"Have you read the Bible lately? Very sexually explicit at times."

Rev. Raemond Fletcher

modern society, but that it should not be a matter of grey areas, but of grace."

An allusion to a sexually graphic book on the sign of a

church is the last thing many would expect to see. However, Fletcher said there haven't been any complaints, and he wasn't worried.

"I've read sections of one of the books that a woman I know was reading — essentially a romance novel taken to the next level. Its popularity probably comes from making the once-secret an upfront thing," he said.

JULIAN UZIELLI/FOR METRO

Under prohibition

Retailers rapped for youth tobacco sales

The Middlesex-London Health Unit has issued prohibition notices to five tobacco retailers convicted at least twice of selling tobacco products to people under 19 in the last five years.

Four retailers in London and one in Strathroy are prohibited from selling tobacco until Feb. 1, 2013: OK Variety, Beckworth Mini Mart, Hasty Market and Dundas Convenience in London, and McRobert Fuels Limited in Strathroy. **METRO**

Caught on camera

Woodstock police chief sorry for cruiser parked in handicapped spot

The Woodstock chief of police apologized after a picture of a police cruiser parked in a handicapped space at a truck stop made the rounds on Facebook and Twitter. Rod Freeman says the picture is embarrassing for the force.

The officer received a verbal warning, and will not be charged.

Freeman said the incident



A photo of a police cruiser parked in a handicapped space made the rounds on social media. AM980/AM980.CA

wasn't an unlawful exercise of authority, but rather a parking infraction and the officer should have known better.

AM980/AM980.CA

IBL quarter-final series

Majors face elimination

The London Majors are in quite a bind. Heading into Game 4 of the opening round versus the Kitchener Panthers on Thursday night in Kitchener, the Inter-county Baseball League club trails 3-0 in the best-of-seven series.

After going 1-for-16 with runners in scoring position through the first two games at home, the Majors couldn't capitalize when it counted during Tuesday's Game 3 road loss.

Manager Roop Chanderdat is trying to rally the troops by focusing on what has gone right in the post-season.

"At least you can say we're getting the chances," Chanderdat said. "So we can look at that as the positive."

London has failed to steal any momentum built by the Panthers, despite being the No. 2 seed in an eight-team playoff bracket.

"It's the cliché now," he said. "You're taking it a game at a time, an at-bat at a time, an inning at a time. You can't look forward too far." **JOHN MATISZ/METRO**

Funds to be distributed

Outreach program aims to ID, help homeless veterans get off the streets

Veterans are praising a new federal program meant to reach out to former service members who are now homeless.

The program will see nearly \$3 million distributed to community groups in London, Toronto, Victoria and Calgary that run existing homeless programs.

AM980/AM980.CA

26th Annual



Ribfest

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G20 lawsuit alleges police sexually harassed women

Group of 7. Police are being sued for \$1.4M by seven Hamilton-based protesters

A lawsuit against Toronto police is more about alleged sex-based discrimination than being profiled for having "hairy legs," one of the plaintiffs said Wednesday.

Alicia Ridge, 27, is part of a group of seven people from Hamilton suing Toronto police for \$1.4 million over their arrests during the 2010 G20 summit, claiming false arrest, battery and malicious prosecution.

The women in the group claim they were profiled by an

officer who wrote in his arrest notes that all the women had hairy legs — something he associated with G20 protesters.

Ridge, who is a nurse studying to become a midwife, and who volunteers with a sexual assault centre, said the lawsuit was prompted by allegations beyond the "hairy" comment.

"My arresting officer, who was male, decided to do an initial search of my body, which was just basically running his hand up the side of my leg and grabbing my ass, along with sexualized comments and comments that were put out there to create fear," Ridge said Wednesday after serving the lawsuit at police headquarters.

None of the claims has been proven or tested in court. The Toronto Police Services Board was not immediately available to comment on the lawsuit.

Davin Charney, the group's lawyer, said they were held in "miserable conditions" where they were not given enough water. He also claimed it wasn't just the women who were treated with sexual misconduct by police. **THE CANADIAN PRESS**



Eric Collins, left, who is not part of the lawsuit, shows Alicia Ridge, middle, sister Devon Ridge and Brian Jeffrey a copy of Metro Toronto with the story of the lawsuit they would soon deliver to Toronto police, on Wednesday. RICK MADONIK/TORSTAR NEWS SERVICE

Allegations

"Six of the seven plaintiffs were subject to unlawful and degrading strip searches."

David Charney, lawyer for the 7 protesters

Olympic coverage

CBC wins back rights to Games

The Olympic Games will return to CBC in two years for the Winter Games in Sochi, Russia, and again in 2016 for the Summer Games in Rio de Janeiro, the International Olympic Committee announced Wednesday.

The decision puts the massive sports spectacle back in the hands of the public broadcaster, which last aired the Summer Games in 2008 from Beijing. Before that, CBC had aired 19 Olympics over almost 60 years in Canada.

CBC executive Kirstine Stewart said a long-established Olympic track record helped it nab the rights after two joint proposals with Bell Media were rejected by the IOC.

THE CANADIAN PRESS

Liberal Party

McGuinty aims for majority

Ontario's Liberals hope to turn their minority government into a majority in two byelections this fall, Premier Dalton McGuinty said Wednesday following the resignation of former finance minister Greg Sorbara.

"I take heart in knowing that he's still going to lead our effort in our campaign to secure a strong, stable majority," McGuinty said after Sorbara announced his retirement as the MPP for Vaughan.

Sorbara stood with McGuinty to announce he wanted to devote more time to his family, but would also stay on as co-chair of the Liberals' election campaign and head of their fundraising arm.

THE CANADIAN PRESS

Tired of waiting rooms? There's an app for that

Patients across Canada are increasingly turning to websites and apps to get a better sense of the wait times they face at walk-in clinics and hospitals.

Appletree Medical Group Inc., has been offering wait-time information for dozens of clinics in the Greater Toronto Area and around Ottawa for about 10 years, said Dr. Tim Bell, the company's medical director.

Web and mobile updates are provided every 15 minutes, allowing patients to scan a list of nearby clinics and head to the one that is the least busy.

Providing data about the most-packed waiting rooms helps to more efficiently spread traffic across all the company's clinics, Bell said.

"Seven days a week across the Ottawa area a patient can see a physician within an hour on average and now we're doing the same thing in Toronto," he said.

"We have about 450,000 patients that we take care of regularly between the GTA and Ottawa, so the patients can decide if they want to see their family doctor, who may have a two-hour wait, or they could go up the street and see a colleague of theirs.



A screengrab shows wait times for Alberta Health Services. **THE CANADIAN PRESS/HANDOUT**

"It certainly gives them options."

Some patients have said they also appreciate choosing between a male or female doctor, Bell added.

Alberta Health Services has been running a similar service for hospital emergency rooms in Calgary for about a year, and in recent weeks went online with wait times for Edmonton ERs.

Around 17,000 Apple users and 1,000 Android users have now downloaded a mobile app to get ER updates, while a website that refreshes every few minutes is averaging about 30,000 visits monthly.

THE CANADIAN PRESS

Pan Am 2015. Metro and Star to cover Games

Metro News and Star Media Group are proud to announce we have been named as the official Print and Online Media Supplier for the 2015 Pan American and Parapan American Games in Toronto.

"We are excited about this remarkable opportunity," said Metro English Canada President Bill McDonald. "And we're looking forward to providing Metro readers with the Games' highlights, features, personality profiles and more — delivered with the urban attitude our readers expect."

"Our goal is to provide Canadians from coast to coast with comprehensive, balanced news and in-depth information about the Games through the Toronto Star and our Metro newspapers in Toronto, Vancouver, Ed-

monton, Calgary, Saskatoon, Regina, Winnipeg, London, Ottawa and Halifax," said Toronto Star Publisher and Star Media Group President John Cruickshank.

The Pan American Games, one of the world's largest multi-sport events, is held every four years for athletes of the Pan American Sports Organization's 41 member states. Featuring 48 sports, including all Olympics Summer Games events, the Pan American Games will draw more than 10,000 athletes and officials to Toronto and the Greater Golden Horseshoe area.

The 2015 Pan American Games will run from July 10-26, followed by the Parapan American Games on Aug. 7-14. For information about the Games, visit Toronto2015.org. **METRO**



Canada's hoop and ribbon team wave after winning a silver medal in rhythmic gymnastic in the 2011 Pan-Am Games in Mexico. NATHAN DENETTE/THE CANADIAN PRESS

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WHAT MAY SEEM FOREIGN TO YOU IS REALLY JUST NICKELBACK



**HE
SAYS...**
John Mazerolle
metronews.ca/hesays

I never worry when I go on long trips, because I know my father will do the worrying for me.

As my upcoming camping trip to Scandinavia approaches, I can be assured of such nuggets

of wisdom as "It will be cold/expensive/non-English there, you know."

These things aren't said with any xenophobia on Dad's part. It's more a presumption that I'm an idiot — which is fair.

My father, after all, spent a good portion of his life watching me putting shirts on inside out, placing metal-rimmed objects in the microwave and leaving ice cream out to melt, and that was just my 20s.

It doesn't help that the first time I ever went on a big solo trip — a cross-Canada train journey — I spent the final five minutes before departure reassuring Dad I'd be fine, then marched out of the station with conviction. Without a train ticket, but with conviction.

Here, then, are my travel tips to help put Dad's mind at ease while simultaneously enlightening my readers. Also to fill the space between the ads and pick up a paycheck. You're welcome.

- Don't get so caught up in overseas preparations that you forget to **tie up loose ends here**. I've been pre-spoiling food and killing my plants so that I don't have to worry when I'm gone.
- If your **passport** is blank, be sure to write in a few countries yourself so you don't seem lame.
- **Burglars** want inside your home while you're gone, so make sure the interior helps you come off well. Leave what appear to be the notes of an epic, unfinished manuscript on a table, or write a complicated-looking mathematical formula on the wall. If you're worried about **security**, a cardboard silhouette "pacing in the window" on a model train set has never failed anybody.
- If you have **children**, remember to leave them at home.
- Carry some **emergency cash** in a "neck wallet" under your clothes. This works because no criminal has ever seen one before and won't think to take the big pouch on your torso that appears to be filled with money.
- Take things slow and befriend the locals. You can't get to know a country by just whipping through it without stopping for breath. I prefer to understand how a place's previous decades and even centuries of history has impacted the current psyche of the people in a time of economic uncertainty, and that takes three days.
- Many people are intimidated by new places, but be confident and remember that millions of people already live in the country you're heading to, and they survive despite rampant idiocy, which is a worldwide condition. A good friend of mine visited me once when I was living in Vienna and — in his first exposure to centuries-old Austrian culture — saw a bar full of drunks belt out Nickelback tunes. If those people can survive, so can you.
- Finally, call your Dad. Better yet, call my Dad. It might help him relax.



If you're not a good traveller, at least look good while you're doing it. iStock

Hang on, the mayor's stuck

Losing momentum

Politician left hanging on a wire

Boris Johnson, the mayor of London, dangled in midair above the crowds at an open-air viewing site at east London's Victoria Park on Wednesday.

A publicity stunt at a public viewing area for the Olympic Games went awry leaving Johnson stranded some five metres off the ground.

The mayor was left clutching his Union Jacks for roughly five minutes before rescuers came to help him down.

THE ASSOCIATED PRESS

Proud moment

"If any other politician anywhere in the world was stuck on a zip wire it would be a disaster. For Boris, it's an absolute triumph."

U.K. Prime Minister David Cameron

Flying high

No gold-medal finish for Boris

Staff at the park eventually pulled him to safety with a rope.

"Fortunately, the mayor survived his first zip wire experience," a statement from his office said.

"Clearly the judges are likely to mark him down for artistic interpretation, and unlike Team G.B., he won't be bagging any gold medals today but he remains unbowed," it added. THE ASSOCIATED PRESS



LEE MEDCALF/THE ASSOCIATED PRESS



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NOT REALLY — WE DON'T EVEN KNOW FOR SURE WHAT FEATURES IT WILL HAVE



25%
YES — IPHONE UPGRADES ARE ALWAYS MUST-HAVES

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@RadioKel:

I'm going to buy #peatmoss now. Imma fix this damn pool!

@miss_janet_pole:

Or should I say that "God has a doctor complex"?

@raachelveleema:

It sucks that I don't even know my roommates yet and won't know till the day I move in #fan-shawe

@BDCthe2nd:

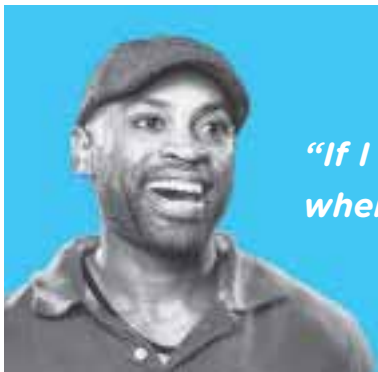
Hey #ldnont what's with the power outage at 7am and counting? It ain't even hot yet.

@MikeMarsman:

Nemesis, thy name is ragweed.

@emmraay:

one month until move in #ask-meifimexcited #Fanshawe



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 **RODNEY S.**
From Toronto, WIND Customer since May 2012

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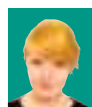
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Megan Arnold, 18, is one of 25 artists participating in this weekend's Imadon Chalk Festival at the Covent Garden Market. AMANDA GRANT/METRO

Local talent chalking it up

Imadon Chalk Festival. Young artist inspired by classic kids' show Art Attack to show off her street-art chops this weekend



BACKSTAGE PASS
Amanda Grant
london@metronews.ca

For Megan Arnold, the streets of London are a canvas.

Whether it's the driveway of her family home, the pavement in front of her first-year residence at Western or the downtown tarmac, Arnold thinks big.

This weekend, the 18-year-

old will participate in her fourth Imadon Chalk Festival, creating an eight-foot-by-eight-foot masterpiece on Talbot Street.

The festival gets its name from the Italian I Madonnari, a term that referred to artists who, after painting inside cathedrals during the Renaissance, would find work recreating the pieces in front of churches during religious holidays.

Today the term carries a similar meaning, referring to street artists who often work with chalk.

It's a unique medium, pairing traditional chalk pastels with concrete, allowing artists to create depth and texture in a typically overlooked space.

"I am in awe of people who can create something out of nothing," says Brad Harwood, a volunteer mem-

ber of the Imadon Chalk Festival committee.

"When you look at a piece of tarmac and then see what it becomes and the vibrancy of the colours, it's amazing. The street is just another art gallery with a twist."

Despite being a veteran of the festival, this is Arnold's first year competing as an open category artist.

In the past she has participated as a youth artist, garnering attention for her massive portraits. "I love working with chalk," Arnold says. "It's a summer thing I do for fun."

For Arnold, the appeal of chalk art came from a childhood television program. "I really liked Art Attack when I was little," she says.

On the show, British artist and children's entertainer Neil Buchanan would cre-

Around town

- **Music.** London's Single Mothers have returned after a tour across the United States. The boys celebrate their homecoming Thursday with a show at Call the Office. Tickets are \$5 at the door. Show starts at 9 p.m.
- **Festival.** Also on Thursday,

Sweet Magic London kicks off a month of events around the city. The art, music and film festival aims to promote local artists and collaboration. Thursday's show boasts a five-band bill, topped by Delicate Steve. The pay-what-you-can show starts at 8 p.m. at APK Live.

ate large-scale images on the ground using found objects.

Unlike some artists who approach chalk art with a grid pattern, Arnold follows Buchanan's cue, stepping back from her work to see the bigger picture.

On Saturday and Sunday, Arnold will set up shop on

Talbot Street with 25 other local artists, making sure to pack lots of sunscreen and her iPod to keep her going.

Sunday night judges evaluate the pieces, awarding prizes in each category. On Monday night the street will be washed clean, the gallery gone until next year.

2 SCENE

On the Web



The Who fans disappointed by '79 show cancellation trade in tickets for concert 33 years later



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"MAD MOOSE"

Showtime at TCA press tour: Reinvention, with accolades

Television. With *Weeds* ending and the success of freshman series *Homeland*, the network is weathering a period of transition

Showtime is having a "transformative" year, the network's president of entertainment, David Nevins, told reporters gathered at the Television Critics Association press tour in Beverly Hills, Calif.

As the channel prepares to say goodbye to *Weeds* — the edgy sitcom that put Showtime on the map for scripted programming — on Sept. 16, it has also borne the gripping political drama *Homeland*, which, in its first season, won two TCA awards (for Outstanding New Program and Individual Achievement in Drama, given to star Claire Danes), has been nominated for several Emmys, and touched off a national pop culture conversation.

Who is watching Showtime today? Well, even President Obama is a *Homeland* fan. Star Damian Lewis told critics he was invited to a state dinner when British Prime Minister David Cameron was visiting the White House, and, surprised that he was even on the president's radar, asked Obama when the leader of the free world managed to find any downtime to watch TV.

"He said, 'Saturday afternoons, Michelle and the two girls, they go play tennis,'" Lewis relayed. "I go into the Oval Office. I pretend I'm going to work, and I switch on *Homeland*."

Showing a continued commitment to storytelling in all Showtime series, Nevins announced that comedy *The Big C*, starring Laura Linney as Cathy, a woman coming to terms with a cancer diagnosis, will conclude as a limited-run series of four one-hour episodes.

"From its inception, the show has been unique in its premise and its tone, and I'm excited that we've come up with a unique and form-breaking way to bring conclusion to Cathy's story," Nevins said.

"It's very important, I think, with a premium network ... to plan (show endings) and do it the right way. I think we have a contract with our audience (to tell the whole story)."

Dexter is another Showtime series that had been given an end date to conclude the journey of its protagonist — this one, a serial killer anti-hero — as star Michael C. Hall has signed on through eight seasons.

But Nevins referred to Season 7, premiering Sept. 30, as a "game-changing year," hinting that it's possible the show has creatively reinvented itself in a



Actress Claire Danes and actor Damian Lewis speak at the *Homeland* discussion panel during the Showtime portion of the 2012 Summer Television Critics Association tour in California this week.

FREDERICK M. BROWN/GETTY IMAGES

Documentaries

- The network will premiere a number of documentaries next year under the new banner *Closeup*.
- Director Antoine Fuqua examines the life and career of rap legend Suge Knight. Richard Pryor: Omit the Logic is directed by Emmy-winner Marina Zenovich. And Brett Ratner will direct a documentary on music mogul Tommy Mottola.

way that could warrant more seasons.

"I think everything has gotten rewired this year in a very interesting way," Nevins said. "Given that (*Dexter*'s sister) Deb has to deal with who her brother is, everything changes. What I've said before is likely two years (before ending), but ... I think plans can always change."

AMBER RAY/METRO WORLD NEWS



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Tyler Stewart, left, Kevin Hearn, Ed Robertson, Steven Page, and Jim Creeggan of The Barenaked Ladies in 2002.

AARON HARRIS/THE CANADIAN PRESS

‘The worst album cover in the history of music’

Music. Barenaked Ladies reminisce on debut album Gordon as it turns 20

The first clue that the Barenaked Ladies' breakthrough debut Gordon is 20 years old has to be the album's cover.

Well, it's a bunch of clues, really. The ugly fonts. The sloppy graphics. The freshly scrubbed faces of the barely-out-of-high-school quintet. Perhaps most importantly, the haircuts — frontman Ed Robertson wearing a pineapple-like 'do, his black hair sprouting wildly atop his otherwise shaved head, while drummer Tyler Stewart has his own strands organized into dreadlocks.

To the band, the album feels like it came out yesterday. But it sure doesn't look that way.

"Absolutely the worst album cover in the history of music," Stewart sighed in a recent telephone interview. "It's like some crappy font with photos of us wrapped around it. We're all looking overly cute and earnest."

"It's just ... terrible." Added former co-frontman Steven Page: "I think even from the first time we saw the album cover, we looked at it and cringed."

Of course, the cover didn't matter.

With the Toronto band's five members still in their early 20s, Gordon hit stores back on July 28, 1992.

A month later, it occupied the top spot on the Canadian Billboard album chart, a position it would hold for eight consecutive weeks.

Fuelled by a series of pervasive singles including Brian Wilson, If I Had \$1,000,000 and Be My Yoko

Ono, the album has since reached that rarefied air of diamond certification in Canada.

If the quality of Gordon's songwriting didn't betray the band's youth, the hijinks they got up to while crafting the album might have.

They recorded at Le Studio, a scenic space located just south of Morin Heights, Que., overlooking Lac Perry. Since the lake was frozen at the time, Jim Creeggan would cross-country ski across every day en route to recording.

The band insisted upon including appearances from a dizzying number of their Toronto musician friends, including Jason Plumb, Bob Wiseman, Kate Fenner and members of Moxxy Fruvous and the Rheostatics.

And yes, the lore is true: the Ladies recorded The King of Bedside Manor while

completely naked. (They continued the practice of recording one song from each album nude until they started to get into their 40s, Stewart pointed out with a laugh).

"I don't think we could ever play that fast — it was like we were running away from each other's nudity," Stewart said.

"We had such a great time," he said of the recording experience. "It was like camp."

THE ASSOCIATED PRESS



"THE BEANTOWN BRAWLER"

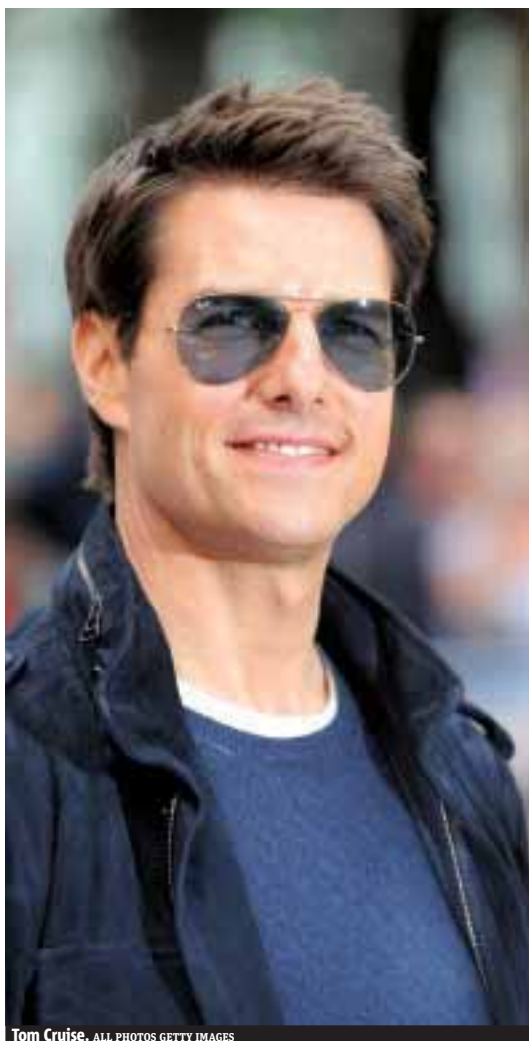
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Tom Cruise. ALL PHOTOS GETTY IMAGES

Tom Cruise whisks Suri off to Disney World

Tom Cruise is pulling out all the stops for his time with daughter Suri in the wake of his divorce from Katie Holmes — and he's not above a trip to the Magic Kingdom.

Cruise headed to Walt Disney World with his daughter and other family members this week, with the six-year-old dressed up

as a mermaid.

"Suri looked like she was in heaven," another park-goer tells People magazine. "It was really cute. She was walking around like she owned the place, having the time of her life, and Tom — who looked really handsome — was talking to her, was really engaging with her."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Pattinson staying at Witherspoon's ranch

THE WORD
Monica Weymouth
scene@metronews.ca

Loyal Word readers may have noticed that Robert Pattinson and Kristen Stewart have been absent from our pages for two full days. But all good things, of course, must come to an end.

After moving out of the Los Angeles mansion they were sharing, Pattinson has surfaced at friend and Water

for Elephants co-star Reese Witherspoon's super sweet California ranch, reports Us Weekly. Pattinson remains "inconsolable" about Stewart's affair with Rupert Sanders and is more than a "total mess" than usual, sources tell the magazine.

As for Kristen, she's found support with Panic Room co-star Jodie Foster.

"As soon as she heard the news, Jodie contacted Kristen," a source tells RadarOnline. "Jodie told Kristen to take no notice of the media bashing and said if she wanted to cry her heart out to her she's always available."

Unless Jodie Foster's got a Malibu beach house up her sleeve, we're going to have to hand this round to Pattinson.



Jessica Biel and Justin Timberlake

Jessica Biel enjoying being engaged

Jessica Biel and Justin Timberlake probably aren't getting married soon, if Biel's level of preparation for the big day is any indication. The actress says she's prepared "almost nothing" for her wedding.

"I'm just being engaged."

I do feel like there is a lot of time and nothing needs to be rushed," she says, according to the Chicago Sun-Times. "Everyone tells me that being engaged is the really special moment — not that it gets bad when you're married."

Twitter



@EllenBarkin

To all u out there threatening me, I have no problem reading your childish age related insults, but threats on my life...no. Blocked & reported



@RealRonHoward

Back in the editing room after a complete and encouraging screening for a few friends and family last night



@MarthaPlimpton

That's it. I'm going on a total twitter blackout until the end of the Olympics. The spoilers are infuriating.



@russellcrowe

The Olympics opened already, wow , missed it, first time in a long time...I've been in the Icelandic bush...well, moss...Kleifarvatn...

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A world-class wardrobe

Go for the glam.

2012's Olympic audience is seeing peak athletic performance paired with front-line fashion

Who said sportswear can't be chic?

The athletes' parade during last week's opening ceremony might as well have been a catwalk show, with some of fashion's biggest names — Armani, Prada, Ralph Lauren, Stella McCartney — designing the team uniforms.

Many in the fashion industry are already calling this the most stylish Olympics ever.

The Italians must be some of the best-dressed athletes, scoring points with an understated monochrome kit in navy and white by Giorgio Armani, as well as waterproof blue designs for their sailing team by Prada.

Stella McCartney has worked with Adidas to design the sporting gear and Village wear (loungewear) for Britain's home team, though the outfits weren't on show Friday as athletes covered up in white and gold tracksuits. McCartney's gear takes inspiration from the iconic Union flag, but she said she deconstructed it to make it "more delicate and feminine."

Meanwhile, the American team may have gotten a bar-



How do you fashion-savvy readers feel about Canada's Olympic kits? MATT DUNHAM/THE ASSOCIATED PRESS

rage of bad press for its made in China Ralph Lauren uniforms, but the preppy designs were still some of the most stylish in the arena: clean-cut navy blazers, crisp white trousers, skirts, and shoes, accessorized with navy berets and blue, red and white striped scarves.

The Jamaican team is in the spotlight because of sprinter Usain Bolt, so it's fitting that it also got a boost in the fashion stakes this year.

Their kit, which feature the national colours as well as lightning-like prints, were designed by Cedella Marley, daughter of



Scouts honour: Ralph Lauren seemingly drew inspiration from those 'always prepared' club members of the past. MATT DUNHAM/THE ASSOCIATED PRESS

Bob Marley, for Puma.

Other designers behind the Olympics this year include luxury label Hermes, which has designed riding jackets for the French equestrian team, and Salvatore Ferragamo, which designed the official uniform for the European republic of San Marino.

Some designers didn't get involved in the official Olympics gear, but used the games as an opportunity to cash in and

promote their brands anyway.

Karl Lagerfeld, for example, launched an Olympic-themed womenswear collection called Team Karl at London department store Selfridge's — though he reportedly said he wouldn't tune in to watch the games. Meanwhile, high-street chain store H&M said it was launching two pop-up stores dedicated to selling sportswear in London.

THE ASSOCIATED PRESS

Pool cool

Beauty in a bathing suit

Natalie Coughlin has been in the pool as long as she can remember, building the muscles and learning the discipline that would lead her to 12 Olympic medals. Many of the same things that help in her training also help her beauty routine.

"Eating well and taking care of your body is the No. 1 most important thing for good hair, good skin and good nails," she says. "Your nutritional needs show up on your hair, skin and nails."

Dryness is what she's usually battling, but she has success with leave-in conditioner as a weapon, says Coughlin, who signed earlier this year as a spokeswoman for hair-care brand Pantene. She skips the chlorine-removal shampoos, though, because she finds they not only take out the chemicals but also moisture. When she does her own hair and makeup, she'll wear her naturally wavy hair down with "just a touch of help from the curling iron." She'll wear brown eyeliner and mascara — both "don'ts" on days she is swimming because they'll run. THE ASSOCIATED PRESS



A low score for style?

Friday's athletes parade also showcased some surprising and less popular designs.

- The German team was notable for not using their national colours at all — instead, the kit was all hot pink for the women's jackets, and cornflower blue for the men; both were paired with white trousers.
- The Czechs, meanwhile, wore bright blue wellington rain boots paired with white shorts.
- Some Spanish athletes have posted tweets grumbling about their garish red and gold outfits, and there are even Spanish Facebook groups set up to campaign against the gear.

On the Web



Ukraine fashion show shines rare spotlight on the disabled.



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The egg debate

Happy chickens, happy planet

What are the most sustainable eggs to buy?
-Natalia of Regina



QUEEN OF GREEN
Lindsay Coulter
green@metronews.ca



More than 90 per cent of Canada's egg-laying hens are confined in battery cages. ISTOCK IMAGES

You'll want to choose eggs from happy chickens!

Eating a planet-friendly diet includes consuming less meat, eggs and dairy products. But if you buy eggs, consume those that are humanely raised.

These days, egg cartons make claims like "cage-free," "free-run" and "free-range." And these choices matter. Tragically, more than 90 per cent of Canada's egg-laying hens are confined in "battery cages" — small wire cubes housing five to seven birds each, beaks cut (to control damage from pecking their cage mates), stacked row upon row upon row in large, windowless barns.

It's time to put the chickens before the eggs. Here's a quick guide to navigating egg-carton

labels, from better to best choice (and don't be fooled by misleading claims like omega rich or fed vegetarian feed).

Cage-free eggs: Hens aren't confined to battery cages, but that's about it. They don't have access to the outdoors, and there are no assurances about what they are fed or what kinds of medications they are given. You might see this claim on all three types of non-battery cage production eggs — free-run, free-range and organic. Certification: none.

Free-run eggs: Chickens can move around in open-concept barns, but they don't necessarily have access to the great outdoors and overcrowding may still be an issue. Certification: none.

Free-range eggs: Hens see the light of day (depending on the weather) and their feet actually come in contact with the earth. Certification: none.

Organic eggs are your best choice. These hens benefit from the highest welfare standards. And certified-organic labels often require the use of organic feed without growth hormones or antibiotics.

Certification can include third-party labels like Canada Organic, Quality Assurance International, USDA Organic and B.C. Certified Organic. You may also see certification by provincial welfare agencies. For example, the BC SPCA Certified label assures eggs come from farms that have passed their animal welfare standards.

Good roommates do more than just pay rent on time

Guidelines. Take advice from Rent.com to save yourself and your cohabitants any headaches later on

Talking is key

"Working to communicate your needs and expectations to one another is crucial for a happy roommate relationship."

Rent.com Advice on how to avoid household problems before they happen.

of brownies — and clean the bathroom already.

Here is Rent.com's advice to cohabitating bliss:

Keep it real

Before you sign a lease, it's important for your roommate to understand your schedule. If you are an "early to bed, early to rise" kind of person, a roommate who works on mixing his DJ tracks at night may not be your best bet.

Divvy the bills

Decide on when and how bills and rent will be paid for before making the roommate bond permanent. For

instance, if one person is in charge of utilities, make the other in charge of submitting the rent check each month.

Clean up

As indicated by the survey, keeping clean is a must. It's important to divide cleaning responsibilities so the burden is shared. Be sure to discuss expectations for cleaning before you sign on the dotted line. Talk about who will clean what and how often, and what's acceptable in terms of daily and weekly upkeep.

Talk it out

Working to communicate your needs and expectations to one another is crucial for a happy roommate relationship. For example, if your roommate is a student and wants to use the kitchen table to study, don't watch TV loudly in the same room during study hours. Likewise, if you're hosting a small Bachelorette season finale party, give your roommate fair warning to make other plans. **METRO**

make your roommate a batch

A rocky road paved with cappuccino leads to a drool-worthy cheesecake

A great combination for a cheesecake is coffee, chocolate chips, marshmallows and toasted almonds. This cheesecake is not only delicious but beautiful to present to your family and guests, especially if you drizzle it with more chocolate.

1. Preheat the oven to 350 F. Lightly coat a 9-inch spring-form pan with cooking spray.

2. In a small bowl, combine the crumbs, water and oil. Pat onto the bottom and partially up the sides of the pan.

3. Dissolve the coffee in the hot water. In the bowl of a food processor, add the ricotta and cream cheese, egg, sour cream, sugar, flour and dissolved coffee. Purée until smooth. Pour into the pan and bake for 35 minutes. Remove from the oven.

4. Sprinkle the marshmallows, chocolate chips and almonds over the cake and bake for another 5 minutes. Allow to cool, and chill before serving.

ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)

Ingredients

Crust

- 1 2/3 cups chocolate wafer crumbs
- 2 tbsp water
- 1 tbsp vegetable oil

Filling

- 1 1/2 tbsp instant coffee or espresso powder
- 1 1/2 tbsp hot water
- 2 cups light ricotta
- 1/2 cup light cream cheese, cubed

- 1 large egg
- 3/4 cup low-fat sour cream
- 1 cup granulated sugar
- 3 tbsp all-purpose flour
- Topping**
- 1/3 cup miniature marshmallows
- 3 tbsp semisweet chocolate chips
- 3 tbsp slivered toasted almonds

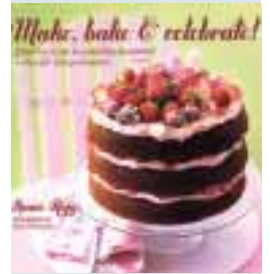
Cappuccino Rocky Road Cheesecake



This recipe serves 12. RYAN SZULC, FROM ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)

Book of the week

A cake for every reason & season



Make, Bake & Celebrate! by Annie Rigg will inspire you to create something special, no matter how new you are to cake decorating.

Most of the cake recipes in the book are adapted from one of The Basics in the first chapter where you'll also find frostings and decorating techniques.

Chapters such as For Birthdays offer cakes for the grown sweet tooths (Gilded Double Chocolate Cake with Chocolate Roses) while For Kids has options specifically for the little ones (Chocolate Polka Dot Tower). Other recipes include Lilac and Lavender Petits Fours, Macron Wedding Cake, and more. METRO

If gentlemen prefer blonds, will bakers prefer blondies?

White Chocolate Coffee Cashew Blondies



This recipe serves 9. MATTHEW MEAD/ THE ASSOCIATED PRESS

According to Hollywood, gentlemen prefer blonds. With this white chocolate-studded blondie treat and its duo of tastes, blondies are also easy to love. Their rich coffee and crunchy cashew texture also help.

All the elements are brought together in a sweet, rich bar that, thanks to a generous helping of brown sugar, stays moist and chewy with just a hint of crunch on the outside.

Want to take it even further? Sprinkle the top with flaked sea salt just before popping it in the oven.

And if you don't like cashews, peanuts, almonds or walnuts would be good, too. Or maybe you want to add a bit of each.

1. Heat the oven to 350 F.

Ingredients

- 1 tbsp water
- 1 tbsp instant coffee
- 1 tsp vanilla extract
- 1/2 cup (1 stick) unsalted butter, room temperature
- 1 1/2 cups packed light brown sugar
- 1 tsp salt
- 2 eggs
- 1 3/4 cups all-purpose flour
- 1 cup white chocolate bits
- 1 cup unsalted roasted cashews

Coat a 9-by-9-inch baking pan with cooking spray.

2. In a medium bowl, combine the water, instant coffee and vanilla. Stir until the coffee granules dissolve.

3. Add the butter, brown sugar and salt. Use an electric mixer or whisk to beat until light and fluffy. Add the eggs, one at a time, beating between additions and scraping down the sides of the bowl. Stir in the flour, then the white chocolate bits and cashews.

4. Spread the mixture evenly into the prepared pan. Bake for 35 to 40 minutes, or until a toothpick inserted at the centre comes out clean. Cool, then cut into 9 squares. THE ASSOCIATED PRESS

Chocolate Fondant. An unexpected velvety finish to a special dinner



This exquisite dessert provides a velvety chocolate finish to a special meal. The sweet and spicy blend of honey mustard and chocolate makes for a simple yet sophisticated treat.

1. In a medium saucepan, bring cream to a boil. In a heatproof mixing bowl, pour cream over white chocolate. Mix well. Add honey mustard. Mix thoroughly. Pour mixture into an ice cube tray and freeze for 40 minutes.

2. Preheat oven to 250 C (475 F).

3. Meanwhile, in the top of a double boiler, melt butter and dark chocolate. Add eggs, flour and sugar to melted mixture and mix well.

4. Pour half of the dark chocolate mixture into small cupcake moulds. Place a frozen ball of ivory chocolate in the middle of each mould. Cover with remaining dark chocolate mixture. Bake for 8 to 10 minutes.

THE CANADIAN PRESS/MAILLE

Ingredients

- 60 ml (4 tbsp) 15 per cent cream
- 100 g (3 1/2 oz) white chocolate
- 30 ml (2 tbsp) honey mustard
- 60 g (2 oz) butter
- 200 g (7 oz) dark chocolate
- 3 eggs
- 125 ml (1/2 cup) flour
- 150 ml (2/3 cup) sugar



Adam Scott reacts to a missed par putt on the 18th green during the final round of the Open Championship on July 22 at Royal Lytham & St. Annes Golf Club in England. After his tough loss at the British Open, Scott is still convinced there will be a major championship trophy with his name on it. HARRY HOW/GETTY IMAGES

Scott ready for his next shot at a major

Golf. Australian blew four-shot lead at British Open last month, but believes he will get a major trophy

There's no silver claret jug for Adam Scott, only a silver lining.

For two days after the British Open, where Scott lost a four-shot lead with four holes to play, he holed up at his home in the Swiss Alps and tried to digest what went wrong. The numbness he felt that Sunday evening, when Ernie Els was introduced as the champion golfer of the year, stayed with him. He didn't beat himself up.

He didn't curl up in a corner. It was a time of quiet reflection.

It's when he went to the golf course at Crans-Sur-Sierre to hit balls that his outlook brightened considerably.

"I hit the first few balls, and I hit them nice," Scott said Wednesday. "And that was kind of a reminder that it's not horrible and I don't know how to play golf anymore. It was just four holes that I'll have to learn from and be tougher on myself next time I'm in that position."

That's what Scott took away from Royal Lytham & St. Annes. He is convinced there will be a next time. He's convinced there will be a major championship trophy in his name.

Scott still hasn't seen replays of that final hour. The soft

bogey on the 15th. The three-putt bogey on the 16th. Belting a pure tee shot on the 17th, only to hit 6-iron to the left of the green to set up another bogey. And a 3-wood into the bunker on the 18th, which led to one final bogey to finish one shot behind.

"Look, I can imagine how it probably looked," Scott said. "If it was me watching somebody else, I certainly could feel for them. But for me ... I'm disappointed that I didn't win from that position, but I left that major the same as I've left every other one - and that's empty-handed."

Different from the others was remembering the first 68 holes that put him in that position.

Scott had never seriously contended in a major until last year at the Masters, where he made clutch putts over the closing holes and played well enough to win until Charl Schwartzel made history at Augusta National by closing with four straight birdies to win by two.

And now the Open. His next chance is a week away.

Scott headed to Kiawah Island earlier this week to see The Ocean Course, where the PGA Championship is being held for the first time.

First up is the Bridgestone Invitational, where a year ago Scott claimed his first World Golf Championship.

THE ASSOCIATED PRESS

MLB

New York Yankees end 4-game skid

Robinson Cano hit a grand slam in a seven-run third inning, and New York sent Zach Britton to another shellacking at Yankee Stadium in a 12-3 rout of the Baltimore Orioles on Wednesday that stopped a four-game losing streak.

THE ASSOCIATED PRESS

NFL

N.Y. Giants' coach Coughlin defends banned safety

New York Giants coach Tom Coughlin feels the NFL didn't use common sense in suspending safety Tyler Sash for a violation of the league's performance enhancing drug policy.

The league announced the suspension Tuesday, saying Sash would be ineligible for the first four games of the season.

Sash said he took a prescription drug (Adderall) while under a doctor's care for an anxiety condition in March, having no idea it was banned by NFL policy. The league denied his appeal.

THE ASSOCIATED PRESS



Tyler Sash GETTY IMAGES FILE

Mobile sports



The gymnast whose career record for most Olympic medals was broken by Michael Phelps says she doesn't mind that the American swimmer has surpassed her. Larisa Latynina, who won 18 medals from 1956 to 1964 while competing for the Soviet Union, was in London on Tuesday to watch Phelps, and she says she was happy for him. Scan the code for the story.

NHL. Flyers reward Laviolette with 2-year deal

Peter Laviolette led the Flyers within two wins of a Stanley Cup championship. Philadelphia is willing to give their coach a few more years to finish the job.

Laviolette and the Flyers agreed Wednesday to a two-year contract extension that will take him through the 2014-15 season.

Philadelphia has the third-most wins in the Eastern Conference (122), behind only Pittsburgh and Washington (127 each) since Laviolette was hired to take over for John Stevens in December 2009.

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Peter Laviolette GETTY IMAGES FILE

Baseball

Minor-league pitcher banned 50 games for drug violation

Free-agent pitcher Starlyn Surlin has been suspended 50 games for violating baseball's minor league drug program.

The commissioner's office announced Wednesday that Surlin tested positive for metabolites of Stanazolol.

The right-hander's suspension will take effect as soon as he signs with another major league organization.

THE ASSOCIATED PRESS

Boxing. Mayweather Jr. due for release from jail

Floyd Mayweather Jr. is due for release from a Las Vegas jail by the weekend after serving two months in a domestic battery case.

Records show the 35-year-old undefeated champion is due for release Friday from the Clark County Detention Center.

Las Vegas police Officer Jose Hernandez said Wednesday that Mayweather Jr. was granted time off his 90-day sentence for work and good behaviour.

Mayweather Jr. surrendered for jail on May 1 after pleading guilty in December to misdemeanour char-

Plea deal

With the plea deal, Mayweather Jr. avoided a trial on felony charges that could have landed the boxer in prison for a maximum of 34 years.

ges in a September 2010 scuffle with his girlfriend, Josie Harris, while two of their children watched.

Mayweather Jr. promoter Leonard Ellerbe did not respond this week to messages.

THE ASSOCIATED PRESS

Cycling. Wiggins sets new standard for British Olympians with gold in time trial

There was no better place for Bradley Wiggins to sit than a throne.

The 32-year-old Londoner completed his coronation as one of Britain's top sports figures on Wednesday by winning gold in the men's time trial at the London Games, just 10 days after becoming the first British rider to win the Tour de France.

It was Wiggins' fourth Olympic gold — after three previous ones in track cycling — and gave him a British record seven overall. He had shared the mark of six medals with Steve Redgrave — although the rowing great won five golds.

After pedalling his way through a sea of flag-waving and sideburn-wearing fans toward the former royal residence of Hampton Court and a gold that never seemed in doubt, Wiggins was ushered



Bradley Wiggins in London on Wednesday. THE ASSOCIATED PRESS

seconds, as the only remaining threat — Fabian Cancellara — was well out of reach of his time.

Wiggins quickly jumped back on his bike and rode down the course again to share his victory with his raucous supporters.

"I wanted to go and see my wife and all the people that had come to stand there on the roadside," Wiggins said. "We all know about the Olympic ticketing.... The great thing about cycling is it's free to come and watch. All the real fans are out there, if you're not lucky enough to come in and get a ticket. It was nice to go back out and roll up and down."

Victoria native and Giro d'Italia winner Ryder Hesjedal was Canada's lone competitor in the event. He finished 28th.

THE ASSOCIATED PRESS

from the finish line toward a very fitting seat — one of three gilded thrones where the top finishers waited to see if they had won a medal.

Wiggins didn't have to sit there for more than a few

Thursday's 3 to watch



Women's judo

Amy Cotton of Montreal takes to the judo mat in the 78-kilogram class. The 32-year-old finished ninth at the 2004 Games in Athens.

Time: 10 a.m.
Channel: CTV



Men's swimming

American stars Ryan Lochte and Michael Phelps, pictured, look to add to their already impressive medal hauls in the 200-metre individual medley final.

Time: 2:30 p.m.
Channel: CTV



Women's beach volleyball

Canadian beach volleyball duo Annie Martin and Marie-Andree Lessard, pictured, look for their first win after a pair of losses. They take on Italians Greta Cicolari and Marta Menegatti.

Time: 7 a.m.
Channel: TSN

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Rowing themselves to redemption

Men's eight. After last-place showing in heat over weekend, Canadians come back to earn silver in London

Credit the Canadian men's eight with a horrendous start and courageous finish to the Olympic regatta.

After finishing last in their opening heat last Saturday, the Canadians did a lot of soul-searching, absorbed a tongue-lashing from veteran coach Mike Spracklen and then got their act together again.

The roller-coaster ride led to a silver medal Wednesday at Eton Dorney, a tribute to hard work, good character and terrific coaching.

The Canadians won rowing's marquee event at the 2008 Games in Beijing but only had three returning members



Canada's men's eight rowing team members Jerry Brown, right to left, Andrew Byrnes, Conlin McCabe, Will Crothers, Rob Gibson, Brian Price, Malcolm Howard, Gabe Bergen, and Doug Csima celebrate their silver medal at Eton Dorney on Wednesday. SEAN KILPATRICK/THE CANADIAN PRESS

of that crew — Toronto's Andrew Byrnes, Victoria's Malcolm Howard and coxswain Brian Price of Belleville, Ont. — in the London boat.

The other members of the Canadian eight are Will Croth-

ers and Rob Gibson of Kingston, Ont., Jerry Brown of Cobourg, Ont., Conlin McCabe of Brockville, Ont., Doug Csima of Oakville, Ont., and Gabe Bergen of 100 Mile House, B.C.

Since Beijing, the German

eight has ruled the waves going unbeaten in almost four years.

Germany was unstoppable again, winning in five minutes 48.75 seconds ahead of Canada in 5:49.98 and Britain at 5:51.18.

Quoted

"At 750 (metres), I said, 'Guys, put on your hard hats. It's time to go to work.' And they went to work. It was all about just work, work, work. Every stroke."

Canadian coxswain Brian Price

"We knew we'd have to have an amazing race to get on the medal podium," said McCabe. "Like to get the bronze, even."

Once on shore Wednesday, the Canadians celebrated as if they had won. It wasn't quite worst to first, but it was close.

Canada started sluggishly at the regatta, finishing last in its heat behind Germany, Britain and the Netherlands.

Spracklen said he ended a no-holds-barred meeting on Sunday by making an unusual request.

"I can't remember it word-for-word, but what I said was, 'I have one last request and

I've never asked anyone before — win the race for me," said Spracklen.

The Canadians changed tactics as a result.

Instead of going after the Germans in the final on Wednesday, the Canadians focused on their start and then looked to work off other crews. They disposed of Australia, then the Dutch, then Britain.

"Right from our start, just I knew this was going to be good," said Brown. "(We) just had to keep pushing. The boat's on a rail — just keep adding to it. We've got so many horses in that boat."

THE CANADIAN PRESS

Hayden fights off nerves to claim his first medal

Swimming. Elder swimmer from Mission, B.C., wins bronze in his third Olympic Games

The most senior member on Canada's swim team conquered rookie nerves to capture his first Olympic medal.

Brent Hayden won bronze in the 100-metre freestyle Wednesday for Canada's first swim medal of the 2012 Summer Games.

After touching the wall in 47.80 seconds, Hayden turned, rose out of the water almost to

his waist to see the scoreboard and then slapped his right hand into the water with joy.

"There are so many times when you can dream of something, but a million out of a million and one times it won't come true," Hayden said. "This was one of the things that I was very fortunate as a human being to have happen to me."

American Nathan Adrian out-touched James Magnussen for gold in 47.52, followed by the Australian in 47.53.

Hayden grappled with emotion and a complaining back in the hours prior to his race. The three-time Olympian required three spinal adjustments from his medical team

A first for Canada

- Hayden is the first Canadian man to win an Olympic medal in the 100-metre freestyle.
- The man who last swam in a final, International Olympic Committee member Dick Pound, hung the bronze around Hayden's neck. Pound was sixth in the 1960 Olympics.

to address his discomfort.

The Mission, B.C., swimmer is a world champion and world silver medallist in the distance, but was about to swim in his first Olympic final in three tries.

"I just couldn't help feeling like 'The best day of my life feels like the worst day of my life right now,'" he explained. "I woke at 6 a.m. and my heart

pounding because I was thinking about the race.

"It took me awhile to turn that off and fall back asleep. All throughout the day I kept having these moments where I'd kind of start to think about the race and my heart would start thumping and I thought 'I've got to stay calm, I've got to stay calm.'"

At 28, Hayden was more than three years older than Cesar Cielo, the next eldest in the final.

The two veterans went out quickly with Hayden second to the Brazilian at the 50-metre split. But Adrian and Magnussen went eyeball to eyeball in the fourth and fifth lanes and closed hard. Hayden kept contact in the seventh lane.

"I kind of had the urge to kiss the starting block because I just never knew I could love Lane 7 so much," he said. "Tonight was (about) digging down deep into my soul."

THE CANADIAN PRESS



Brent Hayden celebrates his bronze-medal win Wednesday in the 100-metre freestyle at the Aquatic Centre in London. STEVE RUSSELL/TORSTAR NEWS SERVICE

Quoted

"It was all about finding my inner strength and feeding off my fiancée's vibes from the stands."

Brent Hayden will marry Nadina Zarifeh in Lebanon a week after the closing ceremonies in London



Canadian badminton duo reach medal round

Canada's Alex Bruce and Michele Li, rear, play Australia on their way to winning their quarter-final match in women's doubles badminton Wednesday. The pair lost all three of their round-robin matches, but were re-entered in the tournament after eight players were expelled for trying to lose matches on purpose. ANDRES LEIGHTON/THE ASSOCIATED PRESS

Record reaction. London Games chairman 'not sure' Phelps the greatest

With 19 medals, Michael Phelps is the most decorated Olympian of all time. But the greatest?

Not for Sebastian Coe. Coe, the two-time gold medallist in the 1,500 metres and head of the London Games, is not ready to anoint Phelps as the supreme Olympian.

"You can probably say that clearly, self-evidently, in medal tally he's the most successful," Coe said Wednesday. "My personal view is I am not sure he is

the greatest, but he is certainly the most successful. That goes without saying."

The American swam the anchor leg of the winning U.S. 4x200-metre freestyle relay Tuesday night to surpass Soviet gymnast Larisa Latynina for most career Olympic medals. Latynina won 18 medals at the 1956, 1960 and 1964 Olympics.

Phelps, who won a record eight gold medals at the 2008 Beijing Games, is competing in three other events in London

and can take the record further. So who, Coe was asked, would he pick over Phelps?

He started with a crack: "Well, modesty prevents me from....No. That's a joke."

"This is the global pub game," said Coe, who won his gold medals at the 1980 and 1984 Games. "Who is the greatest Olympian of all time? I could go around this whole room, we'd all come up with different interpretations on."

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Day 5 results

MEDAL STANDINGS

73 of 302 total medal events

Nation	G	S	B	Tot
China	17	9	4	30
United States	11	8	9	28
South Korea	6	2	4	12
France	5	3	4	12
North Korea	4	0	1	5
Germany	3	8	2	13
Italy	3	4	2	9
Kazakhstan	3	0	0	3
Japan	2	4	11	17
Russia	2	4	5	11
Also				
Canada	0	1	5	6

BASKETBALL

WOMEN

FIRST ROUND

Group A

Team	W	L	Pts
China	3	0	6
United States	3	0	6
Turkey	2	1	4
Czech Republic	1	2	2
Croatia	0	3	0
Angola	0	3	0

Group B

Country	W	L	Pts
France	3	0	6
Russia	3	0	6
Australia	2	1	4
Canada	1	2	2
Britain	0	2	0
Brazil	0	2	0

Wednesday, Aug. 1

France 64, Canada 60
China 76, Angola 52
Australia 67, Brazil 61
Russia 67, Britain 61
Czech Republic 89, Croatia 70
United States 89, Turkey 58

WHAT CANADA DID

Wednesday at the 2012 London Olympics

ROWING

Men's eights — Canada (Gabriel Bergen, 100 Mile House, B.C.; Douglas Csima, Oakville, Ont.; Rob Gibson, Kingston, Ont.; Conlin McCabe, Brockville, Ont.; Malcolm Howard, Victoria; Andrew Byrnes, Toronto; Jeremiah Brown, Cobourg, Ont.; Will Crothers, Kingston, Ont.; Brian Price, Belleville, Ont.), won the silver medal in 5:49.98.

Men's lightweight double sculls — Douglas Vantor, Dewittville, Que., and Morgan Jarvis, Clearwater Bay, Ont., finished first in their semifinal heat in 7:02.85 and qualified.

Men's pairs — David Calder, Victoria, and Scott Frandsen, Kelowna, B.C., finished first in their semifinal heat in 6:56.47 and qualified.

SWIMMING

Men's 100 freestyle — Brent Hayden, Mission, B.C., won the bronze medal in 47.80.

Men's 200 backstroke — Tobias Oriwol, Toronto, finished fourth in his qualifying heat in 1:58.06. He finished seventh in his semifinal heat in 1:58.74 and did not advance to the final.

Men's 200 individual medley — Andrew Ford, Guelph, Ont., finished first in his qualifying heat in 2:00.28. He finished seventh in his semifinal heat in 2:01.58 and did not advance to the final.

Women's 100 freestyle — Julia Wilkinson, Stratford, Ont., finished third in her qualifying heat in 54.16. She finished seventh in her semifinal heat in 54.25 and did not advance to the final.

Women's 200 breaststroke — Tera Van Bellen, Oakville, Ont., finished seventh in her qualifying heat in 2:27.70 and did not advance. Martha McCabe, Toronto, finished third in her qualifying heat in 2:26.39. She finished fourth in her semifinal heat in 2:24.09. McCabe, finished seventh in her final heat in 2:24.09 and advanced to the final.

Women's 4x200 freestyle relay — Canada (Barbara Jardin, Notre-Dame-de-Grace, Que.; Samantha Cheverton, Lachine, Que.; Amanda Reason, Toronto; Brittany MacLean, Toronto), finished second in its final heat in 7:50.84.

Canada finished fourth in the final in 7:50.65.

BASKETBALL

Women — Canada lost to France 64-60.

JUDO

Men's 90Kg — Alexandre Emond, Montreal, lost to Winston Gordon, of Britain, in Ippon, O-guruma, in 1:43 in the round of 32.

Women's 70Kg — Kelita Zupancic, Whitby, Ont., lost to Lucie Decosse, of France, in Ippon, Ko-soto-gari, in 4:31 in the round of 16.

SAILING

Men's windsurfer — Zac Playvis, Vancouver, is in seventh place after the fourth race (36).

Men's laser — David Wright, Toronto, is in 18th place after the sixth race (80).

Men's 49er — Hunter Lowden, West Vancouver, B.C. and Gordon Cook, Toronto, are in 14th place after the sixth race (50).

Women's laser radial — Danielle Dube, Glen Haven, N.S., is in 29th place after the sixth race (126).

Women's windsurfer — Nikola Girke, West Vancouver, B.C., is in ninth place after the fourth place (36).

ARCHERY

Women's individual 70m — Marie-Pier Beaudet, Levis, Que., lost to Louise Laursen, of Denmark, 7-3 in the round of 32.

CYCLING

Men's time trial — Ryder Hesjedal, Victoria,

finished 28th in the final in 56:06.18.

Women's time trial — Clara Hughes, Glen Sutton, Que., finished fifth in the final in 38:28.96. Denise Ramsden, Yellowknife, finished 19th in the final in 41:44.81.

WEIGHTLIFTING

Women's 69Kg — Marie-Eve Beauchemin-Nadeau, Quebec City, finished eighth in the final with a weight of 239 kilograms.

FENCING

Women individual sabre — Sandra Sassine, Montreal, lost to Aleksandra Socha, of Poland, 15-7 in the round of 32.

DIVING

Men's synchronized 3m springboard — Alexandre Despatie, Laval, Que. and Reuben Ross, Regina, finished sixth in the final with a score of 421.83.

SOCCER

MEN

FIRST ROUND

GROUP A

	GP	W	D	L	GF	GA	Pts
Britain	3	2	1	0	5	2	7
Senegal	3	1	2	0	4	2	5
Uruguay	3	1	0	2	4	4	3
U.A.E.	3	0	1	2	3	6	1

Wednesday, Aug. 1

Britain 1, Uruguay 0

United Arab Emirates 1, Senegal 1

GROUP B

	GP	W	D	L	GF	GA	Pts
Mexico	3	2	1	0	3	0	7
South Korea	3	1	2	0	2	1	5
Gabon	3	0	2	1	1	3	2
Switzerland	3	0	1	2	2	4	1

Wednesday, Aug. 1

Mexico 1, Switzerland 0

Gabon 0, South Korea 0

GROUP C

	GP	W	D	L	GF	GA	Pts
Brazil	3	3	0	0	9	3	9
Egypt	3	1	1	1	6	5	4
Belarus	3	1	0	2	3	6	3
New Zealand	3	0	1	2	1	5	1

Wednesday, Aug. 1

Brazil 3, New Zealand 0

Egypt 3, Belarus 1

GROUP D

	GP	W	D	L	GF	GA	Pts
Japan	3	2	1	0	2	0	7
Honduras	3	1	2	0	3	2	5
Morocco	3	0	2	1	2	3	2
Spain	3	0	1	2	0	2	1

Wednesday, Aug. 1

Morocco 0, Spain 0

Honduras 0, Japan 0

Hughes finishes fifth in her final ride



Clara Hughes, of Canada, competes in the women's Olympic cycling time trial in London on Wednesday. FRANK GUNN/THE CANADIAN PRESS

Cycling. 39-year-old concludes Olympic career with two medals on the bike and four in speedskating

With the finish at Hampton Court Palace fast approaching, Canadian cyclist Clara Hughes furiously worked her pedals as she made one last push for the line.

She did it all with a smile on her face as she soaked up the joy of competing on the Olympic stage one last time.

Hughes capped an incred-

ible Olympic career with a fifth-place finish in the women's time trial at the London Games on Wednesday. She was almost a minute behind American Kristin Armstrong, who successfully defended her Olympic title.

Judith Arndt of Germany won silver and Olga Zabelinskaya of Russia was third. Hughes was about 30 seconds away from reaching the podium at the Games for a seventh time.

"I knew today, I knew in the last week, in the last month that this is the last time I would have the chance to race in the Olympics," Hughes said. "I'm

Quoted

"I think I could win with a smile and I could lose with a smile, as well, because I never fail in emptying myself in what I do."

Clara Hughes on how she wants to be remembered as an Olympian

really proud of what I did."

Hughes and former long-track speedskating teammate Cindy Klassen share the honour of being the country's most decorated Olympians.

Hughes won two cycling medals at the 1996 Games in Atlanta and went on to capture four more in speedskating over the last three Winter Olympics.

She won bronze two years ago in Vancouver and returned to cycling later that year. Now 39, she's one of only five athletes ever to win medals in both the Summer and Winter Games.

Hughes, a native of Winnipeg, was 32nd in the women's road race last week and nearly pulled off a podium finish Wednesday in warm, breezy conditions before a raucous crowd south of London.

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Horoscopes

Aries

March 21 - April 20

You have the energy and the ambition to make something special of your life, but not everyone believes you are up to the task. Go out of your way to prove them wrong today. They won't doubt you much longer.

Taurus

April 21 - May 21

You may be tempted to get involved in a friend's personal problems but that would be a big mistake. No matter how much you think they need help, the best thing you can do is steer clear — for now.

Gemini

May 22 - June 21

The Sun in Leo is good for Gemini but today's full moon could bring some kind of setback. If travel or social plans have to be changed, there is no point getting mad about it. Just go with the flow.

Cancer

June 22 - July 23

Today's full moon takes place in the wealth sector of your chart, so you would be wise not to take chances with money, either your own or other people's. A little caution is by far the best investment.

Leo

July 24 - Aug. 23

The Sun in your sign makes all things possible but it doesn't get rid of those annoying people who always seem to be telling you not to take risks. No one tells a Leo to do anything and gets away with it!

Virgo

Aug. 24 - Sept. 23

You may decide, with good reason, that you don't want to take on extra duties on the work front, and you are within your rights to say so. You're not interested in doing more — you want to do better.

Libra

Sept. 24 - Oct. 23

There is a luck factor working in your favour at the moment but don't take it for granted. Today's full moon will in some way remind you that fate has a tendency to change just when we least expect it.

Scorpio

Oct. 24 - Nov. 22

You may be ambitious at the moment but today's full moon could bring an element of self-doubt into your life. Scorpio, self doubt? Is that possible? Yes it is, but only in the short-term.

Sagittarius

Nov. 23 - Dec. 21

You may be tempted to slow down and enjoy the fruits of your success but while the momentum is on your side you really ought to make the most of it. Do something outstanding today.

Capricorn

Dec. 22 - Jan. 20

The planets warn that nothing is what it seems at the moment, so make an effort to read between the lines, especially when there is money at stake. Accept nothing on trust — always demand facts and figures.

Aquarius

Jan. 21 - Feb. 19

It does not matter how worked up you get about various injustices, you won't be able to change anything. All you can do is take care of your own life. Others will follow your example.

Pisces

Feb. 20 - March 20

The best way to forget your worries is to throw yourself into your work. By focusing your conscious mind on the task at hand, you free your subconscious mind to find the answers for you. It won't take long. **SALLY BROMPTON**

Crossword: This and That

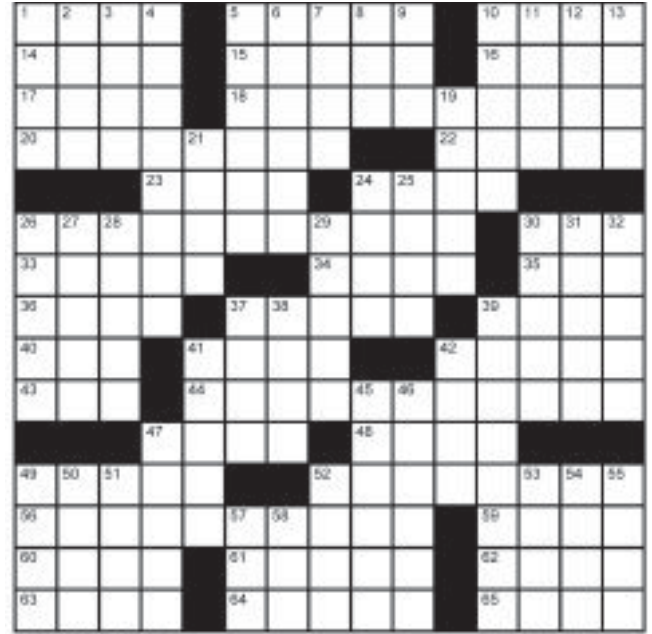
Across

1. Actress Watson of Harry Potter movies
5. Ontario and Great Slave
10. Alberta-based power distribution company that controls its operations through Canadian Utilities
14. Car top
15. Internet-based periodical, familiarly
16. "Ouch!"
17. "What business is ____ yours?"
18. Montréal's ____ Seaway
20. Canada's 20th PM, 1993-2003
22. Arm bones
23. Gator's cousin
24. Three tps.
26. Hamilton-born SCTV and SNL graduate who starred in *Three Amigos*, *Innerspace*, *Pure Luck*, *Mars Attacks!*, *Father of the Bride*, and *Father of the Bride Part 2*
30. "Do ____ say!"
33. "I don't want to hear ____ out of you!"
34. Modest response to praise
35. Wheat part
36. Caked deposit
37. Toronto-born *60 Minutes* regular Morley
39. Huff
40. Not hers
41. "____ Want for Christmas..."
42. Big spoon
43. Bullfight "Bravo!"
44. Kitchener-born Miss

- Money-penny player in many Bond movies
47. Stereo brand
48. French assents
49. Big name in dental care
52. Ontario neighbor
56. Canada's government
59. Iraqi or Lebanese
60. Songstress James of jazz
61. "Ready or not, ____ come!"
62. *The Thomas Crown Affair* costar Russo
63. ATM offering
64. Cubic metre
65. Does lawn repair

Down

1. Guitarist Clapton
2. Butterfly relative
3. Tie up, in a way
4. Impacted
5. Skin wound
6. Early Mexicans
7. Brick-baking oven
8. Old Spanish queen or Bambi's aunt (NAE anagram)
9. Repair tears
10. "The dog gave ____ when the boy kicked it"
11. Ala. neighbor
12. ____-Cola
13. Is in debt
19. Out of practice
21. Stumble
24. Kind of bag
25. "It's c-c-c-cold!"
26. Chest-thumping
27. Taxing month



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28. Employ again
29. Stereos
30. *Biography* cable channel
31. Unappetizing fare
32. "____ Inside": computer slogan
37. Decelerate
38. Et ____: and others (Lat.)
39. Reacted to a knockout

41. Excuse
42. Half CXXIV
45. Bellyacher
46. Em or Mame
47. Moslem deity
49. Org. that includes Venezuela and Ecuador
50. ____-tat-tat: machinegun sound
51. Painting and sculpture, e.g.

52. Just
53. Some kids eat the middle of this first
54. Rock group
55. President Lincoln and namesakes
57. Contented comments
58. Encountered

Yesterday's crossword



What's online

See today's answers at metronews.ca/answers.



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku



Today 32°/18° Partly cloudy

Friday 29°/19° Partly cloudy

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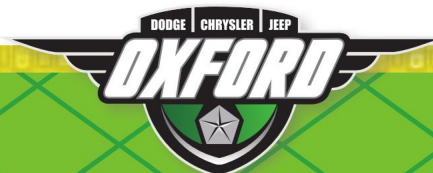
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